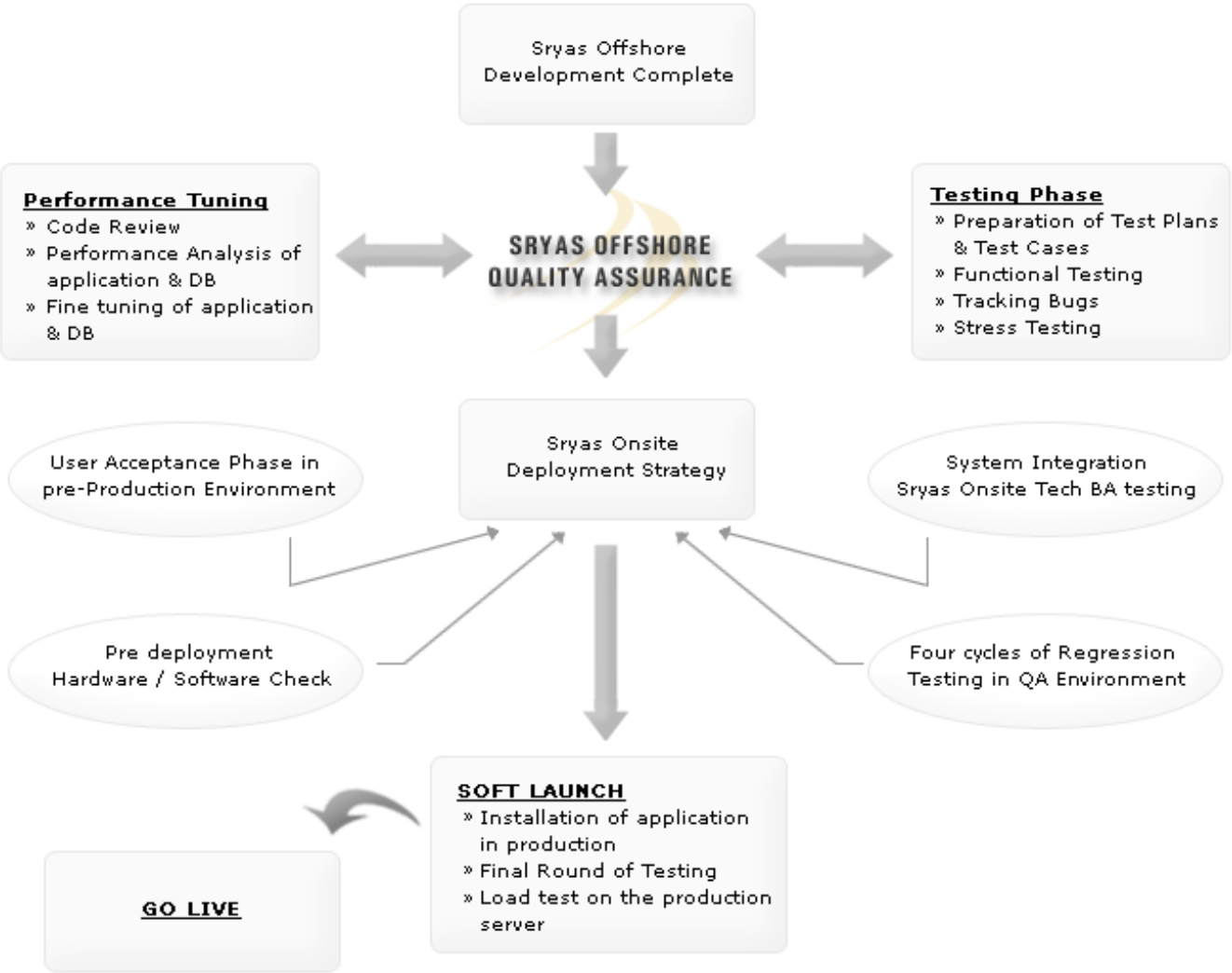Sryas Methodology